

SUDDENLY SINGLE REBUILDING PROGRAM™

FOUNDING PILOT PARTNER

Information & Participation Opportunity

AN 8-WEEK EDUCATIONAL LIFE-TRANSITION PROGRAM

Designed for adults rebuilding after divorce, separation, widowhood, or another major relationship transition.

8	75	5–15	\$0
WEEKS	MINUTES / WEEK	PARTICIPANTS	PILOT LICENSE FEE

A structured program. A real organizational pilot. A chance to help shape what comes next.

Prepared by Michael Smith
Founder & Program Developer • Suddenly Single Survival Series

A Program Built Around the Real Work of Rebuilding

A major relationship transition can affect far more than a person's relationship status. Daily routines, money, household responsibilities, parenting or family stability, identity, support systems, and plans for the future may all need to be rebuilt at the same time.

The Suddenly Single Rebuilding Program™ organizes that rebuilding process into a practical eight-week educational experience. Participants are guided through structured reflection, planning, and action without being required to disclose private details to the group.

The 8-Week Journey

SESSION	FOCUS	PARTICIPANT OUTPUT
Week 1	Taking Stock & Setting Direction	Life Assessment and one priority area.
Week 2	Regaining Emotional Stability	Control / Influence / Release and a personal reset plan.
Week 3	Taking Control of Money	A 30-Day Financial Stabilization Plan.
Week 4	Running the Household	A Home Command Checklist and practical household priorities.
Week 5	Family Stability	A family or support-network stability plan.
Week 6	Rebuilding Independence	An Independence Action Plan.
Week 7	Building Support Systems	A Support Network Map.
Week 8	Moving Forward	A 90-Day Rebuilding Plan and post-program reflection.

IMPORTANT PROGRAM BOUNDARY

This is an educational life-transition program. It is not psychotherapy, counseling, legal advice, financial advice, medical care, or a substitute for licensed professional services.

What a Founding Pilot Partner Receives

The purpose of the founding pilot is to test the complete program in a real organizational setting before broader commercial release. A participating organization receives one no-cost developmental pilot opportunity for one cohort.

Complete 8-week curriculum	A structured Facilitator Guide covering all eight 75-minute sessions.
Facilitator preparation	Candidate training materials plus an authorization process before Week 1.
Participant course materials	A complete digital Participant Workbook. The organization prints or otherwise provides the approved materials to participants.
Implementation system	Setup, enrollment, privacy, referral, accessibility, delivery, and closeout guidance.
Measurement system	Baseline/post assessment, attendance, participant feedback, facilitator feedback, and organizational evaluation tools.
Pilot support	A defined path for facilitator authorization and implementation questions during the developmental pilot.

What the Organization Provides

- One appropriate facilitator candidate.
- Approximately 5–15 participants who fit the program scope.
- A meeting location or virtual platform for eight weekly sessions.
- Printing or provision of the approved participant course materials.
- A program administrator and local referral/safety procedures.
- Delivery of the pilot using the controlled curriculum as designed.
- Structured facilitator and organizational feedback after the pilot.

NO INITIAL PILOT LICENSE FEE

The founding developmental pilot license is provided at no charge. The organization is responsible for its own staffing, facilities, printing, and normal operating costs.

What We Are Trying to Learn

This first pilot is not about proving that the program can solve every problem. It is about finding out whether a real organization can use the system successfully, whether participants find it useful, and what should be improved before broader release.

WE WILL LOOK AT	WHY IT MATTERS
Attendance and completion	Can participants realistically stay engaged for eight weeks?
Participant usefulness	Do participants believe the sessions and exercises are useful?
Defined rebuilding actions	Are participants taking practical next steps?
Baseline/post self-assessment	Do participants report movement in the areas the program addresses?
Facilitator usability	Can a trained facilitator deliver the program as designed?
Organizational usability	Can the host organization implement the program without unnecessary confusion or burden?
Improvement findings	What should be corrected, simplified, strengthened, or removed before commercial release?

Privacy & Feedback

The program is designed to minimize unnecessary personal disclosure. Participants may complete private exercises without sharing their answers with the group. Pilot reporting should focus on aggregate or de-identified information wherever practical. Any public testimonial or named case study should require separate permission.

What the Pilot Does NOT Give Away

- Ownership of the Suddenly Single Rebuilding Program™ or its intellectual property.
- The right to modify, resell, post publicly, or distribute the program outside the approved pilot.
- Unlimited cohorts or perpetual use.
- The right to train or certify other facilitators.
- A clinical, legal, financial, medical, or government certification of the program.

What Happens If Your Organization Is Interested?

1	Tell us you are interested Reply to the invitation email. You are not committing to run the program simply by asking for more information.
2	Review the opportunity We can answer questions about the audience, schedule, facilitator role, materials, printing, and pilot expectations.
3	Confirm participation If the program fits your organization, we confirm one developmental pilot cohort and identify your program administrator and facilitator candidate.
4	Prepare the facilitator The candidate receives the training materials, completes the required preparation, and completes an observed teach-back before authorization.
5	Prepare participants The organization recruits 5–15 participants and prints/provides the approved participant materials.
6	Run the 8-week pilot The facilitator delivers the program using the controlled curriculum and the organization completes the defined pilot measurements.
7	Close the pilot The organization and facilitator provide structured feedback. Findings are used to improve the next release.

FOUNDING PILOT OPPORTUNITY

If your organization serves adults navigating major life transitions and would like to explore becoming a Founding Pilot Partner, simply reply to the invitation email and say you would like to learn more.

Michael Smith

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Suddenly Single Rebuilding Program™
Suddenly Single Survival Series
SuddenlySingleSurvivalSeries.com